

20-MINUTE GROUP CADENCE

This cadence is built for men who need clarity, movement, and accountability in a short window. The goal is alignment, not airtime.

1. SETTLE & FOCUS (2 MINUTES)

Leader welcomes the group and sets the tone.

Prompt:

"Let's quiet ourselves and be present."

Purpose:

Shift from distraction to intention.

2. OPEN PRAYER (1 MINUTE)

Leader or volunteer prays briefly.

Prayer:

"Lord, give us humility and open hearts as we meet."

Purpose:

Invite God to lead the time.

3. SCRIPTURE READING (3 MINUTES)

Read aloud—two different men read it.

Ask the group:

"What word or phrase stands out?"

(1-2 brief responses)

Purpose:

Set the plumb line with Scripture.

4. DEVOTIONAL REFLECTION (5 MINUTES)

Leader summarizes the devotional in **one minute**.

Discussion Prompt:

“What part challenged you most?”
“Where do men resist guidance?”

Keep answers concise.

Purpose:

Surface conviction, not commentary.

5. THEME DISCUSSION (6 MINUTES)

Choose **one** question.

Options:

- “What keeps men from being teachable?”
- “Who has shaped your walk without saying much?”
- “What happens when a man’s plumb line is off?”

Leader gently limits long responses.

Purpose:

Create shared insight without dominating voices.

6. LIVE IT OUT (2 MINUTES)

Each man silently identifies **one step** for the week.

Leader asks:

“What’s one step of obedience you’ll take?”

(Voluntary sharing)

Purpose:

Move truth into action.

7. CLOSING PRAYER (1 MINUTE)

Short prayer of surrender.

Purpose:

End with dependence, not resolve.

TOTAL TIME: 20 MINUTES

Steady, clear, and deeply formative — perfect for groups that want to grow together with purpose.

SNAG THIS PRINT-FRIENDLY VERSION FOR YOUR NEXT GROUP STUDY.